

"On the last day of the feast, the great day, Jesus stood up and cried out, "If anyone thirsts, let him come to me and drink. Whoever believes in me, as the Scripture has said, 'Out of his heart will flow rivers of living water.'"

Now this he said about the Spirit, whom those who believed in him were to receive, for as yet the Spirit had not been given, because Jesus was not yet glorified." John 7:37-39

"And do not get drunk with wine, for that is debauchery, but be filled with the Spirit," Ephesians 5:18

Jesus said we must "drink of Him" and "rivers of living water will flow out of our hearts", speaking of the power of the indwelling Holy Spirit. Paul said we must be continually filled with the Holy Spirit. How do we do this?

I think it starts with awareness of truth and necessitates spiritual hunger. If we have received Jesus as our Lord and Saviour, He lives in us by His Spirit. We can ask Him to fill us with His Spirit and we can "drink" of Him. He has given us everything we need for life and godliness in His precious Promises and He has given us the power to live for Him by His indwelling Holy Spirit.

May we learn to live being led and directed by the Spirit, "from the inside out." May we hunger and thirst for righteousness. May we be filled with the full, deep and clear knowledge of His will in all spiritual wisdom and in understanding and discernment of spiritual things (Colossians 1:9). May we experience the true abundant life Jesus purchased for us through His death and resurrection, in life-union with Him, the life of the Spirit.

Think on this

Are you being filled with the Spirit, or are you distracted with so many things?

Lay aside your concerns and distractions and come to Jesus and drink - receive from Him. He will fill you with His Spirit and give you the answers and direction you need.

Prayer

Father, thank you for your grace and mercy to me, for your kindness, goodness and faithfulness. Fill me with your Spirit, give me wisdom in the affairs of my life and lead me in Your paths today. Give me boldness to be Your witness and help me to be a good ambassador for You, in Jesus' name. Amen.